

An Awakening Center

Awaken Your True Power
with Helaine Z. Harris, MA, MFT



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Psychotherapy
Hypnosis
Meditation
Breath Work
Shamanic Healing
Classes • Private Consultation

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Winter 2010 Schedule of Events

Manifesting Wealth and Prosperity Class - Ongoing Wednesdays

Now is the time to commit to yourself by partnering with Inner Guidance in your business, release limiting beliefs and create new neural pathways in your brain and body geared for wealth and success. Experience meditations that are often life changing. All Helaine's groups are safe, supportive and geared for energetic master and prosperity.

Join us for the **Conscious Life Expo - February 12-14**

@ LAX Hilton, Booth 207

Come by and visit Helaine for Shamanic Energy Healings and Intuitive Readings.

Join Helaine for her **FREE Lectures.**

Transforming Chaos Into Clarity - Friday, February 12th @ 7 PM

Helaine will introduce the "7 Steps to Transforming Chaos into Clarity" in this time of great change. We'll do processes to deal with the fear of change, and how to create clarity from chaos in your life.

Heart Wealthy Power and Prosperity - Saturday, February 13th @ 3 PM

Learn how genuine wealth comes from bringing heart and power together and allowing Inner Guidance and Spirit to direct your path. Release fear and allow the true power of love to magnetize wealth in all its forms to you.

www.HZHarris.com

Call (818) 782-6869 for more information or to register

Helaine Z. Harris has been a Psychotherapist since 1980 and the past Education Director for ACEP (Association for Comprehensive Energy Psychology). Author of award-winning book *Are You In Love with A Vampire? Healing the Relationship Drain Game*. Part of The Red Cross Disaster Mental Health Team and creator of An Awakening Center™ - which blends traditional and alternative psychotherapies. She brings 30 years experience and 40 methods to select the best for her clients and for the class. So she knows many of the best healing methods. Helaine is dedicated to assisting clients manifest their greatest potential.

Contact us via email!
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Learn the keys to freedom and success!
Private consultations are available.

